The mission of the Medical City Cancer Program is to provide the highest quality of oncology healthcare to the North Texas Community. The Oncology Services offered by Medical City Dallas and Medical City Children's Hospital support this mission through a multi-disciplinary team of physicians, researchers, geneticists, nurses, administrators and other healthcare professionals. Together they provide excellent care addressing everything from cancer prevention to diagnostic work-up, from cutting edge treatment to palliative care. While striving to achieve this mission, we are pleased to present to you the 2015 Cancer Program Annual Report recognizing the hard work and many achievements of the Medical City Cancer Program.

The Medical City Cancer Programs, both pediatric and adult, are approved by the American College of Surgeons, which assures that the program meets the highest national standards for comprehensive and patient centered cancer care. We are proud to have been awarded three year Accreditation with Commendation through 2018 by the Commission on Cancer (CoC) of the American College of Surgeons—a consortium of 56 professional organizations that reflect the full spectrum of cancer care. To earn accreditation, Medical City Cancer program successfully completed an on-site CoC evaluation to verify compliance with all established CoC Standards.

I would like to provide you with a brief overview of our comprehensive services and present statistics regarding cancer patients diagnosed and treated at our facility in 2015. At Medical City we provide cancer care in the fields of Oncology/ Hematology (adult and pediatric), Radiation Oncology, Bone Marrow Transplantation, Oncologic Gynecologic and Urology, Oncologic Surgery, Thoracic Surgery and Palliative Care. The Medical City Cancer Program aided just over 2,000 new cancer patients in 2014. With the inclusion of non-analytical the five most prevalent sites treated were breast (199), corpus uterus (146), lung and bronchus (107), CNS (74) and lymphoma (71), demonstrating some difference from national incidence. Our Stem Cell Transplant Program has become one of the strongest in the area, with nearly 200 transplants in 2015, an outstanding FACT accreditation, and a 33% growth in volume from last year. 2016 promises to be a continuation of excellence in cancer care as we look forward to significant expansion in of services and facilities.

At Medical City Cancer Program, we provide dynamic educational conferences, including tumor boards with patient centered prospective discussion of diagnosis and treatment options by a team of multidisciplinary physicians. In accordance with AJCC standards, all cases presented include clinical and pathological staging, followed by discussion of treatment plan. We also have multiple educational conferences providing physician and ancillary staff education. Almost 200 patients have been prospectively discussed in 2015, along with many other conferences including: Genetics and Genomics, Indications of CyberKnife, Sexuality and Cancer, Ethics and the DUNE Margin Probe, among others.
The Medical City Cancer Program is committed to a patient centered approach; as evidenced by the multitude of outreach and cancer prevention activities coordinated by Medical City Cancer Staff and provided to our patients and families. Just to mention few of them: Monster Jam Beads of Courage, Baskets of Hope, Heroes for Children 5K, Annual Celebration of Life, Medical City Goes Pink, Light the Night Walk, Camp iHope, and Cancer Survivor Day celebration. We also provide one of the strongest Navigation Programs that is integrated with the Sarah Cannon and HCA global oncology service line. Our Medical City Cancer Resource Center, in 2015, had more than 3,400 visitors. Our pediatric social work and child life team also works hand in hand with the Make a Wish foundation to assure that each child sees his dream come true.

Our Cancer Program recognizes the complex needs of survivors, as well as patients who require ongoing cancer treatment. One of the great achievements of this past year has been the introduction of the STAR Program, a nationally recognized, evidence-based best practices program in cancer rehabilitation care. Finally, I would like to mention our commitment to incorporating new technologies and maximizing the benefit of scientific progress. This year nearly 20% of adult patients and 45% of pediatric and AYA patients have been enrolled in one of the 56 open treatment trials available. In addition we proudly have two high tech radiation options: CyberKnife treatment that is housed on campus and a Proton Center in Irving, TX that serves all patients in North Texas.

Quite the milestones for 2015! It is an honor and privilege to serve as Chairman of the Cancer Committee. We pledge to our commitment to provide the highest level of cancer care which our North Texas community deserves. We try to never forget that each person treated at our facility deserves personalized, patient centered attention. I cordially invite you to review our Annual Report.

Camp iHope 2015

Maurizio Ghisoli M.D.
Pediatric Hematology/Oncology
Cancer Committee, Chairman
Breast Center at Medical City

Alison Laidley, M.D.

Under the talented and insightful leadership of Dr. Alison Laidley, the Breast Center at Medical City is now fully accredited by the National Accreditation Program for Breast Centers (NAPBC). Medical City’s Breast Program underwent recertification and was awarded full 3 year reaccreditation in September of 2014. All 27 standards were met with 16 of those standards cited as “best practices” by NAPBC. Accreditation by NAPBC recognizes those centers that have voluntarily committed to providing the highest level of quality breast care. The breast program agreed to undergo a rigorous evaluation process and review of their performance. The Breast Center at Medical City offers the comprehensive services patients need for breast health including breast cancer screening, diagnosis, education, and treatment in one coordinated program. Focusing exclusively on breast health, our team includes dedicated breast imagers, breast surgeons, plastic surgeons, medical oncologists, radiation oncologists, pathologists, and experienced oncology nurses. Our caregivers work collaboratively with extensive support services cancer genetic counselors breast care navigators, social workers, dieticians, pharmacists, physical therapists, lymphedema specialists and mental health counselors.

Medical City Goes Pink Event 2015

The Breast Center at Medical City prides itself in providing comprehensive, personalized, high quality breast care including state-of-the-art risk assessment, testing, diagnostic and treatment options. In addition to digital mammography, the Breast Center offers Magnetic Resonance Imaging (MRI) and ultrasound. The Center also offers innovative biopsy techniques, including less invasive stereotactic and image-guided procedures. The Breast Center at Medical City has a dedicated mammography radiologist and offers convenient scheduling. Medical City’s breast surgeons and plastic surgeons specialize in breast cancer surgery and in advanced breast reconstruction techniques.

A BREAST CENTER THAT ACHIEVES NAPBC ACCREDITATION HAS DEMONSTRATED A FIRM COMMITMENT TO OFFER ITS PATIENTS EVERY SIGNIFICANT ADVANTAGE IN THEIR BATTLE AGAINST BREAST DISEASE

NAPBC

NATIONAL ACCREDITATION PROGRAM FOR BREAST CENTERS ACCREDITED BREAST CENTER

For more information about the National Accreditation Program for Breast Centers, visit their Web site at www.accreditedbreastcenters.org
Founded in 1994, the Medical City Stem Cell Transplantation and Research program received its first accreditation in 2002. It has remained accredited by both the Foundation for the Accreditation of Cellular Therapy (FACT), and by the National Marrow Donor program (NMDP). Additionally, our stem cell processing laboratory is FDA registered and is led by Dr. Joel Weinthal, the Medical Director of the Stem Cell Lab and Apheresis. In the span of 2 decades, the program has expanded in all areas. Under the guidance of Medical Director Dr. Vikas Bhushan, it is rare in that every type of transplant is performed at Medical City. Transplant types include adult and pediatric autologous, allogeneic, related, unrelated, umbilical cord and haplo-identical. The haplo-identical transplant has garnered significant interest, 17 of which were performed in 2014 and 6 in 2015.

The year 2015 has been both challenging and rewarding. Transplant volume at Medical City Dallas is up 33% from 2014, and in July, we had our highest month in program history, performing 28 transplants. This feat truly exemplified teamwork at its best. Working together, nurses, physicians and ancillary staff from both pediatric and adult medicine rallied to provide exceptional care. Due to the sustained growth, strategic development and provision of infrastructure are amongst the program’s top goals for 2016.
In 2015 we introduced our first Program Administrator for the Stem Cell Transplant Program, Daniele Pasatieri BSN RN. This new leader has worked in a variety of areas including inpatient Hematology, Oncology and Stem Cell Transplant Nursing. The Stem Cell Transplant Program administrator is responsible for providing direction and support for the ongoing development of the Stem Cell Transplant programs at Medical City Dallas and Medical City Children’s Hospital. Areas of primary responsibility include maintaining FACT accreditation status, insurance contracting, Stem Cell program quality and compliance, programmatic management, strategic development, marketing and outreach.

![Stem Cell Transplant Program Volume Allogeneic / Autologous](image-url)

- **Allogeneic**: 55
- **Autologous**: 112

Number of Transplants from 2001 to 2015.
In 2015, the Medical City Dallas blood coordinator in collaboration with the stem cell transplant team conducted a retrospective of blood utilization by 33 Multiple Myeloma patients undergoing treatment. Following literature and new guidelines recommendations, stem cell transplant physicians will pilot a study in Multiple Myeloma patients where the patients will be administered one unit of PRBCs instead of two.
Operationally, we’ve added significant structure to the day-to-day activities of the program by expanding our data and transplant coordinator teams. In addition, in 2015 we initiated the Mortality and Morbidity Committee, patients deceased within one year of transplant are reviewed for outcomes. It also provides a forum for patient selection and assessing high-risk candidates.

A participant of the Sarah Cannon Blood Cancer Network, our team members have frequent interaction with blood cancers and stem cell transplant professionals across 7 different programs nationwide. The experience and expertise of this network is reflected in the more than 10,000 transplants performed since the inception of the very first program. By joining this network, we have made a commitment to work with other programs in the Network to standardize quality, infrastructure, training and future research to provide an unparalleled and world-class experience for patients seeking treatment for blood cancer.
The Medical City Dallas Cancer Registry has maintained a CoC approved cancer program since 2002 that benefits patients, physicians and hospital staff as well as the community it serves. Our Registry works with the Cancer Committee to assure that all requirements for an accredited cancer program are maintained.

The Registry also plays a vital role in improving early detection, prevention, and treatment of cancer. Our primary role in this process is the collection of data, both demographic and clinical, beginning at diagnosis and continuing throughout the cancer patient’s lifetime. This collection is an invaluable tool in the fight against cancer.

Among its many uses:
- Diagnostic and treatment research
- Calculation of survival rates
- Submission of data to state and national databases for comparison
- Development of knowledge of staff, patients and the public through education
- Evaluation of the effectiveness of current treatment modalities
- Treatment planning at Multidisciplinary Cancer Conferences

According to the American Cancer Society (ACS) 2015 Facts & Figures, nearly 14.5 million Americans with a history of cancer were alive as of January 1, 2014. In addition, they estimate about 1,658,370 new cases are expected to be diagnosed in 2015. This estimate does not include carcinoma in situ of any site.

MCD Registry added 1,405 new cancer cases to its database in 2014; 564 males and 841 females. This includes data on analytic cases only. Total cases completed for 2014 is 2,041 with inclusion of 636 non-analytic cases.

Analytic Cases include:
- Patients whose cancers were diagnosed and initially treated at MCD.
- Patients whose cancers were diagnosed at MCD and initially treated elsewhere.
- Patients whose cancers were diagnosed elsewhere, but who received all or part of their treatment at MCD.

Non-Analytic Cases include:
- Patients whose cancers were diagnosed and initially treated elsewhere and who present to MCD for disease recurrence or persistence.
- Patients whose cancers were diagnosed and initially treated elsewhere and have active cancer, recurrent, metastatic, or persistence, and present for other medical conditions.
- We follow approximately 15,200 analytic cancer patients in the Registry.
- Follow-up is conducted annually and throughout the lifetime of each cancer patient. Our overall follow-up rate is a strong 86%, well within the Commission on Cancer (CoC) standard requirement.
In 2014, our top five sites of newly diagnosed cancer cases (analytic only) were breast (199), Corpus Uterus (146), lung and bronchus (107), Brain/CNS (74), and Lymphoma (71). This compares to the National Cancer Database top five sites as demonstrated in the chart below which represents the top 10 sites for MCD, National Cancer Database Comprehensive Community Cancer Programs (CCCP) and all Texas CCCP.

Additional information collected by the cancer registry includes demographic statistics for research. For instance, as demonstrated below, the gender totals are higher in female population when compared to National Cancer Database, all CCCP and Texas CCCP programs.
Additional information provided by the cancer registry shows a slightly younger community served than that of the NCDB all CCCP and Texas CCCP illustrated in the graph below.

In many ways, Cancer Registry is an essential partner to ensuring quality cancer care, while providing quality data to cancer committee and healthcare professionals. To learn more about the cancer registry visit ncra-usa.org

Camp iHope 2015
Cancer Conferences (Tumor Board) are a multidisciplinary educational activity that is planned and monitored by the cancer committee. Annually, the cancer committee establishes the frequency and format that facilitates prospective review of cancer cases and multidisciplinary involvement in the discussion. The cancer conference provides physicians with periodic updates on new developments in the diagnosis and treatment of various cancers. Physicians from Pediatric Oncology, Medical Oncology, Radiation Oncology, General Surgery, Surgical Oncology, Pathology, Transplant, Gastroenterology, and other specialties such as Genetics, regularly attend and discuss treatment options and patient management of the cases presented. In addition to the cancer conferences; the hospital CME department identifies educational needs and plans relevant and current oncology-related offerings that are open to the medical and hospital staff.

In 2015 our cancer program presented two educational conferences:

- John O’Connor, MD presented “Cyberknife Indications” on June 3, 2015
- Maurizio Ghisoli, MD presented “Biologic Staging of Pediatric Tumors” on May 13, 2015.

Other educational offerings in 2015 included:

- Annette Patterson, CGC “Genetics and Genomics: New Developments and Key Transitions” on December 9, 2015
- Michael Krychman, MD “Sexuality and Cancer: Issues and Answers” on May 20, 2015
- Kinzie Matlock, MD “The DUNE MarginProbe in Breast Surgery” on September 9, 2015

<table>
<thead>
<tr>
<th>Sites Presented</th>
<th>Number of Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast Cases Presented</td>
<td>60</td>
</tr>
<tr>
<td>Lung Cases Presented</td>
<td>27</td>
</tr>
<tr>
<td>Sarcoma Cases Presented</td>
<td>14</td>
</tr>
<tr>
<td>Leukemia Cases Presented</td>
<td>27</td>
</tr>
<tr>
<td>Small Intestine Cases</td>
<td>19</td>
</tr>
<tr>
<td>Thyroid Cases Presented</td>
<td>4</td>
</tr>
<tr>
<td>Uterus Cases Presented</td>
<td>7</td>
</tr>
<tr>
<td>Bone</td>
<td>6</td>
</tr>
<tr>
<td>Brain</td>
<td>4</td>
</tr>
<tr>
<td>All other sites</td>
<td>8</td>
</tr>
<tr>
<td>Total Patients presented in 2015</td>
<td>176</td>
</tr>
</tbody>
</table>
The adult and pediatric cancer programs are dedicated to improving the lives of patients and families that we serve. This dedicated team of professionals understands that cancer research has been the driving force in producing higher survival rates and improved quality of care for both children and adults with cancer. At diagnosis patients and their families are provided with up to date clinical research information and clinical trial treatment options for their specific type of cancer. In addition, they are afforded the opportunity to participate in any open clinical trials for their disease. The active clinical research program at Medical City and Medical City Children's Hospital helps to insure our patients receive state of the art treatment. By doing this, we make a difference in the future care of cancer.

<table>
<thead>
<tr>
<th>Bio Repository Trials/Patient Registry Trials 2014</th>
<th>Onsite</th>
<th>153</th>
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<tbody>
<tr>
<td>Quality of Life Trials</td>
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</tr>
<tr>
<td>Treatment Trials</td>
<td>Onsite</td>
<td>56</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>211</strong></td>
</tr>
<tr>
<td>Annual Analytic Caseload</td>
<td></td>
<td><strong>1286</strong></td>
</tr>
<tr>
<td>Percent Accrued</td>
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<td><strong>16%</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bio Repository Trials/Patient Registry Trials 2015</th>
<th>Onsite</th>
<th>* *24 *</th>
</tr>
</thead>
<tbody>
<tr>
<td>Treatment Trials</td>
<td>Onsite</td>
<td>*54</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>*78</td>
</tr>
<tr>
<td>Annual Analytic Caseload</td>
<td></td>
<td><strong>1405</strong></td>
</tr>
<tr>
<td>Percent Accrued</td>
<td></td>
<td>*</td>
</tr>
</tbody>
</table>

*Data Totals for 2015 pending end of year accrual totals
The Medical City Palliative Care (PC) Program officially began seeing patients on April 25, 2011. The program has experienced consistent growth throughout the past 3 years with exceptional stakeholder support from physicians and staff. The PC team works closely with the patient’s attending physician. The team includes a Medical Director, 2 Nurse Practitioner’s who are Certified Hospice / Palliative Nurse (CHPN) and a registered nurse with support from Chaplaincy, Rehab, Dietary and Case Management Services. The primary goal of palliative care is to enhance a patient’s quality of life throughout a debilitating illness, whether curative or non-curative in nature.

During 2015, Cheryl Ann Thaxton, RN, CPNP, FNP-BC, CHPPN joined our Palliative Care team. Cheryl comes to us from Duke, where she served as the program coordinator for the Pediatric Quality of Life program. She is actively involved in the Hospice and Palliative Nurses Association, where she serves as a manuscript reviewer and facilitates writing of the certification exam. Cheryl will focus her work on our adult and pediatric populations.

The following table outlines service provision for the year 2015:

Services provided for 2015 were: Transitioning of Care 32%, Patient/Family Counseling 46%, Symptom Management 15%, End of Life/Withdrawal of Treatment 6%, and other services 1%.
The Pediatric Hematology/Oncology Program at Medical City Children’s Hospital has a dedicated team of professionals that work to ensure high quality care. In 2015, in addition to clinical responsibilities, Drs. Ghisoli, Goldman, Lenarsky, and Weinthal began their service as adjunct clinical faculty for the Department of Pediatrics, Texas College of Osteopathic Medicine for the University Of North Texas Health Science Center Of Fort Worth. Through this program they are participating in educating the next generation of physicians.

Among their many accomplishments in 2015:

- Dr. Ghisoli had the opportunity to present on the FANG Vaccine Trial for Advanced Ewing's Sarcoma at Miami Children's Hospital.
- Deborah Echtenkamp, RN, MSN, CPON and Robin McCune participated in education of nurses at the national level through the presentation of a poster entitled, “Promoting Safety by Standardizing Chemotherapy Administration Practices” at the Association of Pediatric Hematology/Oncology Nurses (APHON) annual conference.
- Brittany Blake, CCLS provided education in our community of adult cancer patients regarding how to talk with their children about their cancer diagnosis. Brittany also educated students about re-entry into the school environment after cancer treatment.
- Angela Beck, RN provides the Hematology/Oncology nursing lecture to students at Collin County College each semester.

MCCH continues to be on the cutting edge of quality initiatives, such as time to antibiotics (TTA) in febrile neutropenic patients. The national standard currently for TTA is 60 minutes, however new articles are encouraging a 30 minute window for antibiotic delivery. MCCH was an early adopter of this concept and consistently meets or exceeds the goal of administering antibiotics to this population in 30 minutes or less. MCCH is working with other Hematology/Oncology Programs across HCA to improve the care of these patients throughout HCA.

Our Pediatric Oncology team participated in many community and supportive care initiatives for our families. Here are a few highlighted events from 2014/15:

- Monster Jam Beads of Courage Event
- Baskets of Hope-providing resources and support to newly diagnosed cancer families
- Heroes for Children 5K
- Hope Kids 5K
- Brighten the Night Event for Carson Crusader’s Foundation
- YTAC/Sprint for Cancer 5K-thanks to Young Texan’s Against Cancer (YTAC) who provide the majority of Camp iHope’s funding each year
- Annual Holiday Party for patients and families
- Annual Celebration of Life for bereaved families
Screening of Red Band Society for patients and families, a new TV show featuring teenage patients set in the hospital.

Camp iHope-107 campers in 2014 and 116 campers in 2015.

Members of our team received recognition for their clinical expertise, and their commitment to improving the quality of life for patients and families. Drs. Ghisoli, Goldman, Lenarsky, and Weinthal were elected “best pediatric specialists in Dallas”, published in the April 2014 issue of D Magazine. Deborah Echtenkamp, APRN, MSN received the Frist Humanitarian Employee Award, and Brittany Blake, received the Bartlebaugh Excellence Award.

A very special event for our program in June 2015 was the celebration of Camp iHope’s 5th Anniversary. Camp iHope is funded through the Camp iHope Foundation and supports a camp experience for children with cancer and their sibling’s ages 7-16 years. Campers may have been treated at Medical City Children’s Hospital or may be any child with cancer in the North Texas area without a camp home.

This summer 116 children experienced the magic that is Camp iHope. The theme of Camp iHope this week was “Laughter is the best Medicine!”

Here are a few pictures of their experiences...
What a Difference a Year Makes!!!

Zach Mueller, DNP, RN, NEA-BC
Senior Vice President & Chief Nursing Executive
at Camp iHope
Our Medical Team hard at work?

Although this picture shows how much fun our medical team has while at camp…camp medicine is truly serious business. Our team is responsible for the health and well-being of 116 campers and 65 full time staff. On any given day, they are handing out routine medications, including oral and IV Push chemotherapy, drawing labs to check counts to see if anyone needs to make a trip to the hospital for blood or platelets, administering fluid boluses, as well as treating minor injuries & illnesses. They are also prepared for major occurrences, such as fever in a neutropenic child, anaphylaxis, or any other medical emergency. If an oncology camper develops a fever, first dose of antibiotics is given prior to transfer to the hospital. This year the Med Shed administered 721 routine medications, including 26 doses of chemotherapy, 4 IV fluid boluses, and treated a child for anaphylaxis. Only one camper had to return home due to illness.

Our community is Key to the success of Camp iHope…

Camp would not be possible without the generous financial and in-kind support we receive from the North Texas Community. It costs approximately $1000 to send a child to camp. YTAC (Young Texans Against Cancer) holds an annual 5/10K race each spring to raise money for Camp iHope. They are our single largest donor raising $75,000 in 2015. In addition, we receive grant funding, individual donations, and in-kind support to cover additional costs of camp iHOPE.
A week at camp iHOPE requires 65 full-time staff including program staff, counselors, and our medical team. Volunteers come from all walks of life. We were delighted this year to have 19 childhood cancer survivors on our staff. In addition, we had forty volunteers give their time to help with special daytime or evening activities. Many of our day volunteers were from groups that have also helped financially sponsor Camp iHope, such as YTAC, BCBSTX, Cake Club of North Texas, and MCCH Child Life Department.

Faith, a survivor of ALL, served as a Jr. Counselor. During media day at camp, she was interviewed by several news stations about Camp iHope, the importance of camp in the life of a child affected by cancer, and her upcoming participation in the Miss Texas pageant. Earlier in the year Faith won the Miss Oak Cliff pageant. Faith’s focus was the importance of summer camp for children affected by cancer.
Camp iHope is all about creating a normal childhood experience and having fun! Camp also helps to build confidence and self-esteem, and provides a network of support. Through this experience many outcomes are achieved that help our campers deal with a cancer diagnosis. It may be learning to take medicine better, gaining confidence, developing friendships, learning to cope with anxiety, or dealing with survivorship guilt. Outcomes achieved this summer include:

- A child having difficulty dealing with her diagnosis who hated coming to clinic
- A child who had not bonded with her caregivers
- A child who wanted nothing to do with other children with cancer
- A child, who came to camp, made friends, had a wonderful time and left smiling. She can’t wait for next year, and is coping much better with clinic visits
- A camper who was not eating after transplant, came to camp was motivated to get off her G-tube feeds, began to eat and feeds were able to be stopped for good half-way through the week

Whatever the particular outcome for the participant, a single unifying theme has emerged...”**camp is a life changing experience!**"
Oncology Rehabilitation

Medical City collaborated with Oncology Rehab Partners at the end of 2014 to bring The STAR Program, an evidenced-based cancer rehabilitation program, to our patients. The STAR Program is a nationally recognized cancer survivorship program that focuses on helping survivors to heal both physically and emotionally as well as possible. Based on conventional medicine, as in orthopedic and stroke rehabilitation, the STAR Program utilizes an interdisciplinary approach in which caregivers from different specialties team up to help patients increase strength and energy, alleviate pain, and improve daily function and well-being.

Going through cancer treatments is hard—and the lasting physical effects can make it more difficult. Research shows that the majority of cancer survivors (studies suggest 65-90%) develop physical impairments due to treatment-related sequelae, and that many, if not most, are not offered evidence-based cancer rehabilitation care.*

Less than 2% of Medical City’s cancer population was being referred to Medical City’s outpatient rehabilitation department, which is why Medical City recently completed training in cancer rehabilitation and received STAR Program® Certification in November 2015. In less than 8 months, over 200 patients have been referred to our STAR Rehab Program, and over 160 oncology patients have been evaluated and treated.

Our STAR Program offers important physical and psychological rehabilitation to survivors so they can recover more quickly and more completely than they would otherwise. Feeling well and being able to resume normal day-to-day activities is essential to enjoying a good quality of life for survivors and their families.

Our team of certified STAR Clinicians® and Providers has completed extensive training that helped them gain a thorough understanding of the unique rehabilitation needs of cancer survivors. The program has also expanded their skills in helping patients increase strength and energy, in reducing cancer related fatigue, alleviating pain, and improving daily function and well-being. In 2015, our STAR oncology rehab patients have shown an average of 51% reduction in their pain, 39% reduction in their fatigue, and 22% reduction in their overall distress. Tremendous progress!
For more information about Medical City’s STAR Oncology Rehab Program visit www.medicalcityhospital.com/service/star-program or call our STAR Program Coordinator at 972-566-5982.

For appointments or additional information, call Rehabilitation Services at 972.566.7221. A provider referral is needed before therapies can begin. Rehabilitation Service is located at Medical City Dallas Hospital, 7777 Forest Lane, Suite C-240, Dallas, Texas 75230.

At Medical City, our adult oncology patients are cared for by a dedicated team of oncology nurses who have completed the Oncology Nursing Society Chemotherapy and Biotherapy course and receive extensive training in Oncology. We were the first to be recognized as a Magnet hospital in Dallas for excellence in nursing care by the American Nurses Credentialing Center (ANCC), and we continue to be accredited. There are four dedicated inpatient Oncology units and one dedicated outpatient unit in our facility. The inpatient units include Surgical Oncology, Medical Oncology, Stem Cell Transplant and a Gyn-Oncology unit. In addition we have an outpatient unit where our apheresis and infusion patients are treated. In 2015 the new Medical Oncology Unit opened on the 12th floor of the south tower. This is an 18 bed private room setting and all rooms have positive pressure. Our general pediatric oncology population is cared for by dedicated staff in the Medical City Children’s hospital.

This year the Oncology program welcomed a new director; Kimberlee Hanna BSN, RN, OCN, CHPN. Kimberlee has been in Oncology Nursing for over 25 years, with an extensive background in leadership. She is dedicated to clinical excellence. Our director oversees inpatient nursing departments and supports all aspects of our program including the cancer resource center, outreach, navigation, registry, and Genetics. Her vision for oncology is providing a comprehensive approach to cancer care focusing on quality outcomes through compassionate care giving. Kimberlee is passionate about advancing and supporting oncology nursing through collaborative relationships and specialty certification.

The Surgical Oncology and Medical Oncology Units are overseen by Mary Elizabeth Barnhouse BSN, RN, OCN. Beth is dedicated to leading her nursing teams to Oncology Excellence. She has 21 years of Stem Cell Transplant and Oncology experience. The Surgical Oncology unit specializes in surgical as well as medical oncology patients. The Medical and Surgical Oncology group has 21.2% of eligible nurses certified in Oncology Nursing by the Oncology Nursing Society.

Another highly specialized group of Oncology professionals that is dedicated to providing exceptional care and achieving quality outcomes for our Oncology patients through nursing development and education is our nursing support team. The team includes Kelly Cole MSN, RN, OCN, CNL a Clinical Nurse leader on medical Oncology, Libbe Schmidt BSN, RN, OCN Oncology Nurse Educator, and Michelle Baker BSN RN OCN, our Hematology and Oncology discharge coordinator.
The Stem Cell Transplant Unit is led by Rodney Moffett BSN, RN, BMTCN. Rodney has 21 years of nursing experience in the treatment and care of Blood and Marrow Transplant patients. The Stem Cell Transplant Unit at Medical City performs autologous, allogeneic and cord blood transplants. Pediatric transplants are performed in our Stem Cell Transplant Unit by trained pediatric transplant nurses. In 2015, a new certification was introduced by the Oncology Nursing Society, Bone Marrow Transplant Certified Nurse (BMTCN). Medical City is proud to have 12 newly certified BMTCN, with an overall percentage of eligible certified nurses at 45%. Rodney also oversees the Apheresis and Infusion outpatient department, which is staffed by registered nurses cross trained to work in both apheresis and infusion procedures. The outpatient infusion department services include administration of chemotherapy, electrolyte replacement therapy, and antibiotic infusions. Apheresis services include stem cell collection for patients that are receiving transplants and therapeutic treatments for graft versus host disease and a wide variety of diagnosed conditions. Quality projects done by the nursing departments this year focused on time to antibiotics.

**Nursing Quality Improvement Projects 2015**

<table>
<thead>
<tr>
<th>SYSTEM:</th>
<th>QUALITY INDICATORS</th>
<th>THRESHOLD</th>
<th>PERFORMANCE</th>
</tr>
</thead>
</table>
| Indicator: | Verification of chemotherapy drug and dose against the orders and the protocol. | 100% Verification of chemotherapy drug and dose against the orders and the protocol. | Result:  
Q1: 235/254 - 93%  
Q2: 143/178 - 81%  
Q3: 279/313 - 89%  
Q4: 96/111 - 86.5%  
Corrective Action:  
Individual counseling with fallouts |

| Indicator: | To ensure accuracy of admission height/weight for SCT patients, admission height and weight will be verified by 2 RNs and documented on the chemotherapy order sheet with signature, date and time on 100% BMT admissions. | 100% BMT admissions with admission height and weight will be verified by 2 RNs and documented on the chemotherapy order sheet with signature, date and time | Result:  
Q1: 30/33 - 91%  
Q2: 31/32 - 97%  
Q3: 38/38 - 100%  
Q4: 19/19 - 100%  
Corrective Action:  
One fall-out. Individual counseling. |

| Indicator: | Sepsis in the Oncology patients, first fever recognition to antibiotic hang time less than one hour. | 95% First fever recognition to antibiotic hang time less than one hour | Result:  
Q1: 31/41 - 76%  
Q2: 26/34 - 76%  
Q3: 39/44 - 89%  
Q4: 30/36 - 100%  
Corrective Action:  
Continue re-education. Drill downs with fallouts. Discuss with pharmacy availability of drugs. |
Over the past few years, Oncology Navigation has become a high priority initiative within HCA facilities, and in 2013 Sarah Cannon (SC) introduced a systematic, fully integrated Nurse Navigation program within the North Texas Division. As HCA’s global oncology service line, Sarah Cannon is partnering with the divisional markets to develop and ensure delivery of best-in-class oncology care for our patients, physicians, and payers.

Sarah Cannon’s expertise and resources are shared and expanded upon in structured interdisciplinary site specific workgroups. These groups meet periodically and are responsible for programmatic development, workflow implementation, and monitoring across the division. The workgroup’s goal is to create a continuum of care of the highest quality, with consistency across the market’s hospitals and outpatient facilities.

Sarah Cannon has created a patient navigation system that addresses the entire continuum of cancer care. The system is designed to support patient navigators in all phases of the treatment spectrum, including prevention, screening and early detection, diagnosis, treatment, and palliative care. By tracking progress, providing check lists, facilitating communication, and producing reminders, the EHR documentation system is a vital tool in the expansion of Sarah Cannon’s capabilities to support outcome goals.

The SC Navigation program at Medical City Dallas Hospital has grown since its inception to include five cancer site-specific nurse navigators. Our navigators include a Breast Cancer Navigator, Complex GI Navigator, Gynecologic / Inpatient Breast Cancer Navigator, Lung Cancer Navigator and Neuro Navigator. The program has grown steadily and currently serves approximately 64 oncology patients a month, for a total of 500 patients in 2014 and 770 patients 2015, to date. Please see charts below for specific breast and gynecologic tumor site volumes.
Roles and Responsibilities of Sarah Cannon Oncology Nurse Navigators at Medical City Dallas Hospital:

- Function as members of the multidisciplinary team who advocate and educate for patients from point of entry, through diagnostic studies, diagnosis and treatment plan for cancer through survivorship.

- Build relationships with patients and physicians, to coordinate a plan of care including appointments, transportation, education, provision of and/or access to support services, and representation within the multidisciplinary care environment.
Serve as a liaison between the patient and family, primary care physician, specialists, internal and external care providers, referral services, and support resources within the hospital setting as well as the community setting.

Community Health Needs Assessment and Oncology Nurse Navigation Program

In an effort to better serve the needs of the community that Medical City serves, the Sarah Cannon model of patient navigation strives to eliminate barriers to quality care and ensure speedy, optimal delivery of appropriate services.

Oncology Nurse Navigators assist with:

- Meeting the patient wherever they are along the cancer care continuum to identify healthcare disparities and barriers to care.
- Increasing patient and family education and awareness about cancer and support services.
- Encouraging self-efficacy with patients in communication, resources, advocacy, and education.
- Planning and implementation of cancer-related community outreach events.

Medical City Goes Pink 2015
Clinical Cancer Genetics – 2014/2015

Annette R. Patterson, M.S., CGC, Genetic Counselor

Clinical Cancer Genetics

In 2014/2015 the Clinical Cancer Genetics Program at MCDH continued to expand both clinical and outreach services. In 2014 patient volume increased 20% over the previous year, and in 2015, volume increased another 17%. Since its inception in late 2008, the program has received referrals for nearly 1000 patients from more than 200 physicians. In the last two years, testing was done and counseling was provided for families with cancer predisposition syndromes including Birt-Hogg-Dube’ syndrome, Familial Adenomatous Polyposis (FAP), Hereditary Breast/Ovarian Cancer syndrome (HBOC), Lynch syndrome (Hereditary non-Polyposis Colorectal Cancer syndrome or HNPCC), MUTYH-associated polyposis (MAP), PTEN Hamartoma Tumor syndrome (PHTS), Tuberous Sclerosis Complex (TSC), and Hereditary Diffuse Gastric Cancer (HDGC). In all cases, detection of a deleterious mutation significantly changed patient management.

For families testing positive for a deleterious mutation, the program provides education regarding NCCN guidelines for screening and medical management. Based on these guidelines, a number of individuals counseled through our program underwent prophylactic surgeries and/or increased screening to reduce cancer risk. With regard to psychosocial support, Medical City hosts monthly FORCE support group meetings for individuals and families with hereditary breast/ovarian cancer. The program also participates in coordinating and hosting an all-day educational seminar geared toward providing information and support to gene positive families. At our 9th annual conference in November of 2015, we hosted 120 participants and approximately 20 cancer professionals. Response to these conferences has been very positive, with families reporting that they are “extremely helpful.”

The program also continues to provide genetics education to a variety of patients and medical professionals through tumor board presentations and talks to support groups, physician offices, professional meetings, and church groups, and through development of educational materials. Medical City genetics program actively participates in collaborative efforts with other DFW area cancer genetics programs, and annually hosts the DFW Cancer Genetics Forum, which meets quarterly at rotating institutions.
This year our participation on the Breast Program Leadership Committee involved oversight and coordination of activities for two NAPBC standards; education and provision of cancer genetic counseling services. We also conducted a quality improvement study entitled:


**The Breast Center at Medical City Dallas Hospital**
Alison L. Laidley MD, FACS, FRCS(C), Medical Director
Annette R. Patterson MS, CGC, Genetic Counselor
Sarah Madore, BS, Cancer Genetics Program Assistant

**Introduction:** Genetic testing for hereditary breast cancer was first introduced in 1996, shortly following the discovery of *BRCA1* and *BRCA2*. Since that time, a number of additional breast cancer susceptibility genes have been identified, and the development of next generation sequencing (NGS) has made it possible to sequence multiple genes simultaneously. In 2012, Ambry Genetics introduced the first multi-gene panels geared toward identification of hereditary cancer families, which are more cost effective and time efficient than sequential testing. Though initially controversial, NGS panels are fast becoming the standard of care.

**Objective:** To evaluate whether and by how much the use of cancer gene panels increases detection of deleterious mutations predisposing to cancer.

**Method:** We conducted a retrospective analysis of panel gene testing done in our center from January 2013 through December 2014.

**Results:** 164 patients meeting NCCN criteria for *BRCA* testing underwent gene panel testing during the period from January 2013 through December 2014. 5 (3%) were found to carry a deleterious mutation in *BRCA1* or *BRCA2*. 12 individuals (an additional 7.3%) were found to carry a deleterious mutation in one of the other currently identified cancer susceptibility genes. **
During this period, 4 patients who do not qualify under NCCN HBOC criteria were found to carry mutations in “breast” genes: one had ATM mutation; two others had CHEK2mutations; the fourth had a BRCA2 mutation and a CDH1 VUS.

**Conclusion:** Cancer gene panel testing significantly increases detection of deleterious mutations in cancer predisposition genes and identification of hereditary cancer families. Additional study is needed to determine if identification of mutations in cancer susceptibility genes other than BRCA1 and BRCA2 lead to increased use of risk reduction strategies and improved long-term outcomes.
Oncology Support Services

Oncology Support Services; Community Resources, Prevention & Screening.

It is the goal of the Medical City Cancer Program to provide our patients with the highest quality of oncology care and support patients as they face life-changing, challenging diagnoses. Cancer care has become increasingly complex and personalized, and it is essential to use an inter-disciplinary approach involving a collaborative team of oncology healthcare providers to address not only the patient’s physical issues, but also their psychosocial, informational and care coordination needs as well.

Medical City Cancer Resource Center

Carla Stewart, MBA, Cancer Resource Center/Community Outreach Coordinator

Being diagnosed with cancer can be an overwhelming and confusing time for patients. Medical City Cancer Resource Center is a tranquil, inviting oasis that is dedicated to providing essential information, emotional support, education and referrals to hospital and community resources. The Cancer Resource Center had more than 2,300 visitors, in 2014 and over 3,400 in 2015. Medical City Cancer held several community outreach events, reaching over 1,000 people. This included monthly breast, prostate, and gynecologic cancer support group meetings, “Medical City Goes Pink” for Breast Cancer Awareness, and the “Great American Smoke Out” prevention event. As corporate sponsors for the Light the Night Walk we raised over $18000. The resource center also partners with the American Cancer Society to provide community-based programs like Look Good Feel Better, which is designed for women dealing with hair loss and skin changes due to the effects of treatment.

Celebrating Breast cancer Awareness with our ACS partner and hair cutters on behalf of the Pink Hearts Fund
2014 Visitors and Educational Brochures provided to patients and families

- Visitors: Annual Total: 1540
- Brochures: Annual Total: 2394

2015 Visitors and Educational Brochures provided to patients and families

- Visitors: Annual Total: 3400
- Brochures: Annual Total: 1836
Employees donate their hair to be used to make wigs for children with cancer

Patients and their family members have found the resource center to be a place where they can get information about various cancers and referrals to community programs. Visitors to the resource center can obtain numerous items to help them navigate after a cancer diagnosis. The following table highlights the items shared for 2015.

<table>
<thead>
<tr>
<th>2015 CRC Activity Log</th>
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<tbody>
<tr>
<td>Chemo Bags</td>
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<td>Monthly Totals</td>
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**Angels in the City**

Volunteers are a very important part of the oncology program at Medical City, and even more so, in the daily activities of the Cancer Resource Center. The Look Good Feel Better program, a joint program with the American Cancer Society, has been offered to our patients and community for the past 5 years. Just a few of our many volunteers are featured below:
Margarett Jordan co-facilitates our quarterly program. She has been a volunteer with Medical City for over 5 years.

Sherry Hickman is certified by the American Cancer Society (ACS) as a “Reach to Recovery” volunteer; this program matches specially trained volunteer breast cancer survivors with people newly diagnosed with breast cancer. We are proud to say that Sherry has volunteered with Medical City for over 31 years.

Cliff Stevens retired over 20 years ago and decided that he needed a hobby that would make a difference. He is a local community volunteer who cares for our oncology patients by donating beautiful hand-carved wooden angels. Cliff has been donating angels for the past 8 years, totaling more than 6000 angels to date.

Community volunteers are another essential part of our program and provide dedicated services off-campus to support our hospital’s oncology patients throughout the year. All donations are coordinated through the Guest & Volunteer Services department at Medical City Dallas Hospital & Medical City Children’s Hospital. Other community volunteers that offer a variety of valuable services to oncology are Jerily Oaks, Adam’s Animals, Community Christian Church (Disciples of Christ), On Pins and Needles, Thoughtful Threads, Mary Kay, Passing the Hat & Passing the Hat - KIDS CLUB, Project Linus – Collin/Dallas/Denton/Grayson/Rockwall Counties, Texas Chapter and Sew Blessed Pillows.
Cyberknife

In 2015 Medical City Dallas Hospital, in partnership with Texas Oncology, began offering minimally invasive CyberKnife treatments. CyberKnife is non-invasive and can treat tumors in any part of the body, malignant or benign, without making a single incision. Instead, it delivers extremely precise beams of high-energy radiation, and can do this from any angle. CyberKnife does not require anesthesia and allows the patient to return home immediately without needing recovery time. Under the direction of Dr. John O’Connor, board certified in radiation oncology, and assisted by an Advanced Practice Nurse Practitioner, Jennifer Weber, APN, the CyberKnife program began treating patients in August 2015 and has treated 67 patients as of mid-December 2015. Also new to the program is a Sarah Cannon Oncology Neuro Nurse Navigator, Sue Johnson, RN. Sue works in collaboration with the CyberKnife team to educate and guide the patients through their Neuro-Oncology journey.

Lung Nodule Clinic

In June of 2015, Medical City Dallas opened a Lung Nodule early detection clinic. This clinic is overseen by Dr. Mitchel Magee, a physician who works in collaboration with a Thoracic Oncology Navigator. Through this program, Sarah Cannon computer software is able to identify any patient requiring a CT scan of their chest in the Medical City Dallas Emergency Department. The goal of this clinic is to provide early detection. The Thoracic Oncology Nurse Navigator is then sent a copy of the radiologist’s findings. Each case is reviewed, and based on Dr. Magee’s decision; the Nurse Navigator then contacts the primary care physician with a letter of introduction and the physician’s recommendation for an additional CT scan. If the primary care physician agrees, the Nurse Navigator guides the patient through the process and sets up their appointment for a surveillance CT scan of the chest. Some of the patients that receive a CT scan in the Emergency Department have an advanced stage IV lung cancer. This gives the Nurse Navigator another opportunity to contact the primary care physician or medical oncologist to assist the patient on their cancer journey. The Lung Nodule software reports generated 70 patients from June through November. Two of these were identified as new Stage 4 lung cancer patients. Seven of the patients had metastatic disease and were being treated by an Oncologist. Nine patients are being followed by the Nurse Navigator and will be having repeat Ct Scans for surveillance.
Oncology Support Services

Our Pastoral Care program includes pastoral support during difficult treatments, bereavement care, and participation in cancer community outreach. Chaplain Quinn provides several grief debriefings with staff and times of remembrance of patients throughout the year. A ‘Blessing of the Hands’ for staff was performed, reminding each one that they are valuable and instruments of God’s healing grace. Chaplain Quinn also works to support patients as one of the speakers for our monthly offering of the Us Too Prostate Cancer Support Group. During one inspirational meeting, Chaplain Brian Quinn presented ‘The Burdens and Blessings of the Holidays,’ helping patients and family members with their emotional and spiritual needs.

Mary Arnold is the LCSW (Licensed Clinical Social Worker) for the oncology program. She started supporting the Oncology and Stem Cell Transplant population 3.5 years ago and has been a Licensed Clinical Social Worker since 2008. Mary joined the Medical City team in 2013 and has evaluated over 170 patients for Stem Cell Transplant this year.

Other services Mary provides are:

- Psychosocial evaluations for transplant
- Psychosocial support while hospitalized
- Discharge planning to assist with continuation of care
- Coordination of family meetings
- Connection to community resources and financial aid for patients with cancer

The oncology support services group engages with the community through participation in Medical City's annual fundraiser. In 2015, with support from the oncology department and the Cancer Resource Center, over $4000 was raised for Dallas Children’s Advocacy Group. This was accomplished through sales of pink t-shirts and hope pins.
Make-A-Wish® North Texas is honored to work with Texas Oncology and Medical City Children’s Hospital. Together, we grant the wishes of children, 2 ½-18, with life-threatening medical conditions to enrich the human experience with hope, strength and joy. Since our inception in 1982, 9,000 wishes have been granted throughout the 161 counties we serve.

In 2015, we were able to reach more children than ever before at Medical City Children’s Hospital. Referrals increased by 438%. Make-A-Wish staff and volunteers have brought and are continuing to bring a little bit of magic to the 92 children that were referred from Medical City Children’s Hospital this past year. There are four types of wishes that children can choose from; I Wish to Be, I Wish to Go, I Wish To Have and I Wish To Meet. The children’s wishes from Texas Oncology were as unique as each child. They wished to go to Walt Disney World® Resort, wished to have grand pianos, wished to meet famous actors/actresses/musicians and wished to be super heroes to name a few. One wish kid even wished to meet Marilyn Manson. April Ramirez, a 14-year-old young lady was diagnosed in May 2015 with Burkitt’s Leukemia and shortly thereafter was referred to Make-A-Wish. When April was asked what her wish would be there was no hesitation...she wished to meet the musician Marilyn Manson. It so happened he was on tour, and the tour was making a stop in Dallas at Gexa Energy Pavilion. So, on July 15th, Make-A-Wish was able to grant April’s wish!

April and her family arrived to Gexa Energy Pavilion in a beautiful white stretch limo, and upon arrival, they were greeted by Marilyn Manson’s tour manager and taken backstage to await the meet and greet with her musical idol. Sully, Manson’s tour manager, then brought in Hugh Warner, Marilyn Manson’s father to meet April and her family. He welcomed everyone, and then ushered in Marilyn Manson’s band mates including the drummer, bassist and long-time guitarist affectionately known to fans as “Twiggy.” April was beyond ecstatic to meet Twiggy whom greeted her with a great, big hug and then gave her one of his guitar picks. Marilyn’s drummer presented April with a pair of drumsticks and his bassist gave her one of his bass picks as well. After they departed, it was time for the big moment...April was going to meet Marilyn Manson. April was very excited to meet him and the whole experience rendered her practically speechless. He was very kind in his interactions with her and even gave her one of his lipsticks as a souvenir. They talked about this being her first concert, and Marilyn even took a selfie with her using his phone. Upon departure, April looked like she wanted to ask or say something more and when prompted she asked him for a hug which he said of course. He also promised to give her a shout out during the concert.

April and her family enjoyed the concert from fifth row seats! And, true to his promise, Marilyn dedicated the song, “Disposable Teens” to April. She was thrilled to hear her name called out by Marilyn during the concert. When asked what she thought of the whole experience, she summed it up in one word with one big smile across her face, “AWESOME!”

Wishes give children, teens and families the opportunity to dream big and hope for things they never thought possible. Parents share that the wish experience doesn’t end when the wish does, the experience and the memories of the wish help their children throughout their treatments and give the family memories that last a lifetime. Our health care partners tell us that wish experience increases treatment compliance and positively impacts the physical response to medical treatment. Wishes are good medicine. When we combine traditional healthcare with a little bit of Make-A-Wish magic, we have the greatest opportunity to positively impact children’s lives.

For more information on Make-A-Wish North Texas, please visit us at www.ntx.wish.org.
<table>
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<tr>
<th>Name</th>
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<tr>
<td>Dr. Maurizio Ghisoli</td>
<td>Jay Devenny, FACHE</td>
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<td>Dr. Mitchell Magee</td>
<td>Cathy McLaughlin, RN</td>
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<td>Dr. Ronald Kerr</td>
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<td>Pash Farid</td>
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<td>Annette Patterson, CGC</td>
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<td>Shea Austin, (ACS)</td>
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<td>Carla Stewart, MBA</td>
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<td>Dawn Kleckner, RN</td>
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<td>Rodney Moffett, RN</td>
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<td>Brian Quinn</td>
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<td>Molly Sutton, RN</td>
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Light the Night Walk event 2015
Looking Into the Future

Jay deVenny, FACHE
VP, Business Development

In 2015, Medical City Dallas Hospital set forth to expand cancer care for patients in North Texas through additional capacity, new services, and advanced technology. The hospital completed construction of the new 18 bed medical oncology unit and began construction on the new 21 bed surgical oncology unit.

The facility has made a commitment to the community and to our oncology partners by adding new technology to support cancer care in North Texas. The future is bright with additional renovations and expansion expected in the coming years. Medical City Dallas Hospital is dedicated to oncology care in North Texas and beyond.